

CBT for Psychosis: An Individualized, Recovery Oriented Approach

FRIDAY, APRIL 26, 2019



Ron Unger, LCSW, is a therapist, consultant, and educator specializing in Cognitive Behavioral Therapy for psychosis. He has presented numerous seminars about CBT for psychosis and the relationships between trauma and psychosis, emphasizing practical and humanistic ways of working with difficulties that can too easily be perceived as being “beyond understanding.” Ron is also coordinator for the Community Support Program at the Center for Family Development in Eugene, Oregon. He is the Chair of the Education Committee of the International Society for Psychological and Social Approaches to Psychosis, U.S. Chapter (ISPS-US).

Overview: Cognitive Behavioral Therapy (CBT) for psychosis is an evidence-based method to reduce distress and disability related to psychotic experiences. These experiences are conceptualized less as “symptoms” of an underlying disorder, and more as being understandable in relationship to an individual’s life story, and capable of being altered when people experiment with different ways of thinking and behaving. Learn how to both collaborate with individuals who are experiencing psychosis by “exploring the evidence” rather than imposing beliefs; and assist in developing coping options so they are not forced to rely entirely on the often limited effectiveness of medications to address problems.

<p>Objectives:</p> <p>At the conclusion of the workshop, the participant will be able to:</p> <ul style="list-style-type: none"> • Refute misconceptions that previously discouraged attempts at psychotherapy for psychosis. • Normalize psychotic experiences by seeing them on a continuum with other reactions to distressing circumstances. • Utilize a collaborative-empirical style to explore psychotic experiences and beliefs. • Develop formulations that promote hope and provide direction. • Engage in guided discovery of solutions to distressing psychosis-related problems. • Integrate this psychological approach with existing treatment methods. 	<p>Who Should Attend:</p> <p>This intermediate level workshop is appropriate for social workers, psychologists, counselors, case managers, peer support specialists, nurses and nurse practitioners, and other helping professionals</p>	<p>Schedule:</p> <p>8:00 – 8:30 (ET) 8:30 – 10:00 10:00 – 10:10 10:10 – 11:40 11:40 – 12:50 12:50 – 2:20 2:20 – 2:30 2:30 – 4:00</p>	<p>Registration Bringing a CBT perspective and style in work with psychosis Exercise utilizing a CBT Style Break Normalizing psychotic experiences Developing a formulation Lunch (on your own) Understanding and working with negative symptoms CBT approach to hearing voices, other “hallucinations” CBT approach to paranoia & beliefs that appear delusional Break Working with thought disorder Relapse prevention Integrating CBT with other treatment approaches</p>
<p>Questions and Auxiliary Aids</p> <p>To register: visit www.parkcenter.org or contact Morgan Taylor, Workshop Registrar at (260) 482-9125, ext. 2019. For workshop questions: contact Emily Liechty at (260) 482-9125, ext. 2148 or E-mail address: emily.liechty@parkcenter.org</p>			

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Featuring: **Ron Unger, LCSW**

REGISTRATION FEE: \$150.00 / \$110.00 per person for four or more registrations submitted together from the same organization / \$55 for students. Light continental breakfast and training materials included. Lunch is on your own.

CANCELLATION: Up to 5 days prior, \$10.00 administrative fee; less than 5 days, non-refundable.

LOCATION: Grand Wayne Center ~ 120 W. Jefferson Blvd. ~ Fort Wayne, Indiana 46802 ~ (260) 426-4100.

LODGING: The Hilton Hotel is located in the Grand Wayne Center complex. Make your reservations by calling (260) 420-1100, ext. 7205. If you need assistance with obtaining room reservations, please call Fran Howard at toll free (866) 481-2700, ext. 2019.

PARKING: Parking is available for a fee within a two-block radius of the workshop location.

FACILITY ACCESSIBILITY: The Grand Wayne Center and Hilton Hotel are handicap accessible facilities. Please contact Morgan Taylor, Workshop Registrar, toll free (866) 481-2700, ext. 2019 if special accommodations are needed.

QUESTIONS OR CONCERNS: Contact Emily Liechty at (260) 482-9125, ext. 2148 or Morgan Taylor at ext. 2019

Workshop rooms are typically cool, please dress appropriately.

Continuing Education Credits

- American Psychological Association ↔ Park Center is approved by the American Psychological Association to sponsor continuing education for psychologists. Park Center maintains responsibility for this program and its content. Credit: 6 Continuing Education Hours.
- Indiana Behavioral Health Board ↔ Approved provider of Category I continuing education for LSW, LCSW, LMFT, LMFTA, LMHC, LMHCA LCAC and LAC. However, licensees must judge the program's relevance to their professional practice. Credit: 6 Continuing Education Hours.
- Indiana State Psychology Board ↔ Approved sponsor of continuing education programs for psychologists. Credit: 6 Hours.
- Indiana Law Enforcement Training Board ↔ Approved provider for training of Indiana law enforcement officer and support personnel. Credit: 6 Continuing Education Hours.
- National Board for Certified Counselors  ↔ Park Center is an NBCC-Approved Continuing Education Provider (ACEPTM) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program. Credit: 6 Continuing Education Hours.
- NAADAC - The Association of Addiction Professionals ↔ Approved NAADAC education provider. Credit: 6 Continuing Education Hours.
- Ohio Counselor, Social Work, Marriage & Family Therapist Board ↔ Approved sponsor of continuing education programs. Approved for counselors and social workers only. Provider number: RCS038704 Credit: 6 Hours.



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April 26, 2019

Registration Deadline: 4/19/19

Name: _____
Degree: _____
Organization: _____
Mailing Address: _____
City: _____ State: _____ Zip: _____
Day Phone: _____ Evening Phone: _____
E-mail: _____

Indicate Continuing Education Credit Requested

- APA NAADAC LCSW LMFT/LMFTA LMHC/LMHCA LSW
 LAC/LCAC ISPB/HSPP ILETB NBCC Ohio CSWMFTB

Method of Payment

Check enclosed (payable to Park Center, Inc.)
Amount Enclosed \$ _____
Charge my Mastercard VISA Discover
 Mastercard/VISADebit American Express
Card Number _____
Exp. Date: _____
3-Digit CVV Code or 4-digit AMEX Code _____
Cardholder* Name (print): _____
Cardholder Address (include zip code*): _____

Signature: _____

Mail Checks & Registration Form To:

Morgan Taylor, Workshop Registrar, Park Center, Inc.,
909. E. State Blvd., Fort Wayne, Indiana, 46805