

Park Center, Inc.

INTERNSHIP PROGRAM TABLES

Date Program Tables are Updated: 8/2/18

Internship Program Admissions

Briefly describe in narrative form important information to assist potential applicants in assessing their likely fit with your program. This description must be consistent with the program's policies on intern selection and practicum and academic requirements:

Mission: It is the mission of the Park Center Inc. Pre-Doctoral Clinical and Counseling Psychology Internship program to prepare interning psychologists for ethical, competent, and culturally sensitive practice in a multidisciplinary community mental health setting. It is our goal for interns to complete our program with competence in assessment, evaluation, and treatment of a community population of children through adults and to be excellent models of professional psychologists. Further, it is our goal for interns to be capable of planning, implementing, and evaluating treatment as direct providers, supervisors, and consultants. It is our intent that interning psychologists graduate from our program with a clear sense of self as a professional psychologist in a changing political healthcare environment.

Goals: Each goal listed below is developed throughout the internship year with specific objectives, requirements, and methods of evaluation to ensure that the intern demonstrates accomplishment in each area upon completion of the program.

Interns will leave our program with the following:

1. Awareness of their own cultural biases and with a demonstrated ability to function with sensitivity and competence with those of other cultures.

Requirements: Seminar participation, discussions in individual and group clinical supervision, documentation of a diverse caseload, case presentations demonstrating ability to integrate and conceptualize a case incorporating diversity variables.

2. Professional competency in preparing integrated psychological testing reports utilizing objective and projective measures.

Requirements: Seminar participation, individual supervision, completion of at least 12 psychological testing batteries incorporating objective and projective measures, documentation of satisfactory evaluation by supervisory staff.

3. Professional competency in assessment and diagnosis of clients in all diagnostic categories and age groups.

Requirements: Seminar participation, completion of at least one intake assessment per week (totaling at least 35 by the end of the training year), documentation of a varied caseload, documentation of satisfactory evaluation by supervisory staff, case presentations demonstrating

ability to assess and diagnose clients, presentation of comprehensive case conceptualization skills.

4. Professional competency to develop and execute a treatment plan utilizing research supported methods of treatment.

Requirements: Seminar participation, discussion in individual and group clinical supervision, review of treatment plan documentation, case presentation demonstrating use of relevant literature to support the treatment approach, presentation of comprehensive case conceptualization skills, documentation of at least 16 face-to-face client hours per week in group and individual psychotherapy, co-leadership of at least one group, documentation of satisfactory evaluation by supervisory staff.

5. Professional competency in providing pragmatic consultation and research assistance to programs in a community mental health care setting.

Requirements: Development of a consultation project with an internal department or external agency demonstrating consultation and research skills, consultation seminar participation, written report and presentation of consultation project process and results.

6. Professional competency in providing supervision to others.

Requirements: Participation in supervision seminars and supervision of supervision sessions, provision of supervision to peers and other professionals.

7. A clear sense of identity as an ethical and professional psychologist that is knowledgeable of the current mental health milieu.

Requirements: Participation in group professional development supervision, individual clinical supervision, seminar attendance, presentation of relevant articles at case staffings, presentation of comprehensive case conceptualization skills, presentation of theory of change papers, documentation of satisfactory evaluation by supervisory staff.

Training Model: Our training model is best described as Scholar-Practitioner, utilizing a developmental and mentoring approach in supervision.

Components include:

A. Supervision: This is a core element of the internship. Each intern receives a minimum of 4 hours of supervision per week, of which three hours will be individual supervision and one hour group supervision for testing cases. Psychologist supervisors actively supervise within the context of the scholar-practitioner model, utilizing research supported interventions and theoretical source information. Through a close supervisory relationship, the intern develops both professional self-confidence and a meaningful integration of theory with practice.

B. Professional Development Supervision: The internship committee member leads a one hour supervision which emphasizes self-evaluation, case conceptualization, linking treatment to research and theory and other topics relevant to professional development. The professional

development supervision time is also utilized for supervision of consultation projects and for supervision of supervision.

C. Broad Based Training: Broad based training takes place in a multidisciplinary milieu with a wide range of clients of a community mental health facility. This population includes seriously and emotionally disturbed children and adolescents and their families, seriously and persistently mentally ill adults from early adulthood to geriatric and individuals and families with less serious problems. Treatment settings include outpatient, inpatient, crisis intervention/triage (Priority Clinic), group home, home-based and day treatment programs. Treatment modalities include group, individual, couples, and family therapy. Psychological testing, consultation with medical services and case management services are also important modalities of assessment and connection with multiple disciplines.

D. Various program placements: Each intern will have the opportunity to work in several different settings within the community mental health center.

Primary Placements: (1 Intern per Site, 2 days per week, unless noted differently):

- Fort Wayne Outpatient Department (each intern will be doing 3 days in this location already, if an Intern picks this as their Primary Placement, another experience will be added for 1 day, this will be either SMI work at our Inpatient Unit or in our Priority Clinic).
- Decatur office (1 of the 2 days per week, must include Staffing Days: Thursdays), may take up to 2 Interns this year.
- Dialectical Behavioral Therapy (DBT) Department
- Adolescent Group Homes and Staff Secure Facilities: Note that there will be evening work with these populations, thus your days will start later the days you are working at this placement.
- 3-Wishes (Developmental Psychology) and Head Start (later in year, Lafayette Medical Center location)

Additional Mandatory Rotation: Addictions: All Interns will do a 6-month rotation in Addictions Treatment. This will be comprised of a combination of outpatient and residential addictions treatment.

Additional/Optional Learning Opportunities: (these are to be worked out with the Intern, Supervisor, and Leader of each respective area below):

- Severely Mentally Ill Population Rotation: Running groups in the Park Center Inpatient Unit, conducting Level-Of-Care evaluations to determine need for hospitalization in our Priority Clinic, working with our ACE Team and Case Managers providing direct care to clients with SMI in the community. (Carew Street Location)
- Additional Psychological Evaluations: Ongoing throughout year (above and beyond requirement of 12 full testing batteries). This Intern would get preference when in-house, more diverse psychological evaluation referrals are triggered.
- Forensic Assessment (totals about 2 months of time, 1intern maximum): This is done with Dr. Steve Ross via his private practice. Note: Dr. Ross usually can provide little

advance notice regarding when cases present, thus the Intern interested in this needs to be flexible on multiple levels.

E. Psychology Seminars: A seminar series is provided specifically for psychology interns consisting of a two hour weekly seminar meeting from August to July. Topic areas include: professional ethics, diagnosis and treatment planning, diversity and cultural issues, case presentations, play therapy, and theories of treatment to name several. While the majority of seminars are presented by psychologists from within Park Center other professionals are included. Presentations are didactic, research-based and interactive in nature. Each Seminar is evaluated at the conclusion and feedback is given to the presenter.

F. Consultation: Each intern selects a consultation project in which he or she will provide consultation to a department within Park Center, or to a community agency, by utilizing research and programming skills. His/her contribution is expected to reflect the unique skills of research and planning and should contribute positively to the growth and improvement of Park Center. Consultation theory will be taught in didactic and group discussion format throughout the year in our Professional Development time from 11am-12pm on Mondays.

G. Supervision of Supervision: Each intern is provided the opportunity to provide supervision to a staff peer for a portion of the internship year. This is backed by an ongoing seminar on supervision teaching theories and models of supervision which occurs throughout the year during our Professional Development time from 11a-12pm on Mondays.

H. Evaluation: Each intern is formally evaluated twice yearly with written evaluations provided to the intern's school. Interns also evaluate his/her supervisors at the end of the training year. In addition, interns receive written feedback on their monthly case presentations. Participation in seminars, case and other material presentations, interaction in supervision and interaction with peers and other staff on the multidisciplinary team all contribute to the evaluation process. The evaluation process is designed to compliment and encourage the intern to achieve competence in the goals established for the internship and the goals the intern has established for him/herself. Interns' feedback about the quality of supervision and seminars is valued and actively utilized in making changes to the internship to enrich the learning experience. Interns provide written evaluations following each seminar. They will give written and verbal feedback of the program as a whole, both while in internship and after the internship is completed.

Does the program require that applicants have received a minimum numbers of hours of the following at time of application? If Yes, indicate how many:

Total Direct Contact Hours	Yes	600
Total Direct Contact Assessment Hours	No	N/A

Describe any other required minimum criteria used to screen applicants:

N/A

Financial and Other Benefit Support for Upcoming Training Year:

Annual Stipend/Salary for Full-Time Interns: \$23,670.40 per annum

Annual Stipend/Salary for Half-Time Interns: N/A

Program provides access to Medical insurance for intern	Yes
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If access to medical insurance is provided:

Trainee contribution cost required	Yes
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Coverage of family member(s) available	Yes
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Coverage of legally married partners available	Yes
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Coverage of domestic partner available	No
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Hours of Annual Paid Personal Time Off (PTO and/or Vacation): 8 holidays (64 hours) and 13 sick days (104 hours): Total 21 paid leave days (168 hours).

Hours of Annual Paid Sick Leave: 104 hours

In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave. Yes

Other benefits:

- Participation in Park Center’s 403B Diversified Retirement Plan.
- Coverage by Park Center's liability/malpractice insurance policy.

- Mileage payment for approved Park Center business-related travel.
- Use of Park Center's facilities (e.g., library, staff lounge, fitness center).
- Shared and private office space with computer.
- Access to equipment (e.g., copier, audio-visual, computer).
- Support services (e.g. general secretarial services).
- Participation in staff training activities (e.g., in-house training events and Professional Training Series).
- Participation in Park Center staff activities (holiday luncheon, annual picnic, etc.)