



Mental Health Care Guidelines for Treatment with African American Populations

6.0
CE hours

FRIDAY, OCTOBER 26, 2018



Sarah Vinson, M.D., is a Triple Board Certified child & adolescent, adult and forensic psychiatrist. She is the founder and senior editor of *OurselvesBlack.com* (former *BlackMentalHealthNet.com*), a psycho-educational outreach website and magazine with a mission to empower the black community through mental health promotion. She is also the founder of the Lorio Psych Group, an Atlanta-based clinical care and consulting company. After graduating from medical school at the University of Florida with Research Honors, she completed her general psychiatry training at Cambridge Health Alliance. She then completed fellowships in both Child & Adolescent and Forensic psychiatry at Emory University. She has held dual faculty appointments at Morehouse School of Medicine and Emory since completing her training and has received numerous teaching awards.

Dr. Vinson is currently the president of the Georgia Council on Child and Adolescent Psychiatry, a former board member of the Georgia Psychiatric Physicians Association, a board member of the American Association of Community Psychiatry, and an appointee to the American Psychiatric Association's Communications Council. She has been a speaker at national conferences including the National Urban League Annual Conference, The Congressional Black Caucus Conference, the American Psychiatric Association Annual Meeting, the American Academy of Child and Adolescent Psychiatry Annual Meeting, and the Black Psychiatrists of America Transcultural Conference.

Overview: Positive self-image, family bonds, strong communities, and a sense of security are fundamental to mental health. In black communities, each has been greatly influenced not only by individual experiences of racism, but also by systemic racism that pervades every social structure. Inequality and racism are by no means unique to mental health care providers or delivery systems; however, mental illness and recovery are particularly sensitive to the negative impact of unaddressed bias and discrimination. The treatment of illness and the promotion of mental health in black communities must be informed by the larger historical, societal, and cultural context. In this workshop, participants will learn about cultural humility, cultural misconceptions and clinician biases as well as the treatment considerations stemming from each of these topics. Learning activities will include video to highlight content, small group work, case vignettes, brief measures for assessment in treatment, and interactive lecture.

<p>Objectives:</p> <p>At the conclusion of the workshop, the participant will be able to:</p> <ul style="list-style-type: none"> • Describe the limitations of evidence-based practice. • Identify key components of cultural humility. • Recognize cultural misconceptions and clinician biases. • Demonstrate ways in which societal context influences treatment-seeking behaviors. • Articulate population-specific diagnostic considerations for depression, anxiety, and attention deficit hyperactivity disorder. 	<p>Who Should Attend:</p> <p>This intermediate level workshop is appropriate for mental health care providers as well as administrators and front-line staff.</p>	<p>Schedule:</p> <p>8:00 – 8:30 (ET)</p> <p>8:30 – 10:00</p> <p>10:00 – 10:10</p> <p>10:10 – Noon</p> <p>Noon – 1:10</p> <p>1:10 – 2:15</p> <p>2:15 – 2:25</p> <p>2:25 – 4:00</p>	<p>Registration</p> <p>Cultural Humility and Limitations of Evidence-Based Practice</p> <p>Break</p> <p>“Yes, you, too, are racist” Cultural Misconceptions & Clinician Bias</p> <p>Lunch (on your own)</p> <p>Treatment Relationship and Help-Seeking Considerations</p> <p>Break</p> <p>Diagnostic Considerations</p>
<p>Questions and Auxiliary Aids</p> <p>To register: contact Fran Howard, Workshop Registrar at (260) 482-9125, ext. 2019 For workshop questions: contact Emily Liechty at (260) 482-9125, ext. 2148 E-mail address: fhoward@parkcenter.org</p>			

Sponsor

Park Center, Inc. is a private, non-profit, counseling and psychiatric center for adults, adolescents, children and families.

VISIT OUR WEBSITE AT:
www.parkcenter.org

PARK CENTER PROFESSIONAL TRAINING SERIES PRESENTS:



Mental Health Care Guidelines for Treatment with African American Populations

Featuring: **Sarah Vinson, M.D.**

October 26, 2018

REGISTRATION FEE: \$110.00 / \$90.00 per person for four or more registrations submitted together from the same organization for any of the workshops listed in the 2018 Park Center Professional Training Series workshops. Continental breakfast, break refreshments, and training materials are all included. Lunch is on your own.

CANCELLATION: Up to 5 days prior, \$10.00 administrative fee; less than 5 days, non-refundable.

LOCATION: Grand Wayne Center ~ 120 W. Jefferson Blvd. ~ Fort Wayne, Indiana 46802 ~ (260) 426-4100.

LODGING: The Hilton Hotel is located in the Grand Wayne Center complex. Make your reservations by calling (260) 420-1100, ext. 7205. If you need assistance with obtaining room reservations, please call Fran Howard at toll free (866) 481-2700, ext. 2019.

PARKING: Parking is available for a fee within a two-block radius of the workshop location.

FACILITY ACCESSIBILITY: The Grand Wayne Center and Hilton Hotel are handicap accessible facilities. Please contact Fran Howard, Workshop Registrar, toll free (866) 481-2700, ext. 2019 if special accommodations are needed.

QUESTIONS OR CONCERNS: Contact Emily Liechty at (260) 482-9125, ext. 2148 or Fran Howard at ext. 2019

Workshop rooms are typically cool, please dress appropriately.

Continuing Education Credits

American Psychological Association ↔ Park Center is approved by the American Psychological Association to sponsor continuing education for psychologists. Park Center maintains responsibility for this program and its content. Credit: 6 Continuing Education Hours.

Indiana Behavioral Health Board ↔ Approved provider of Category I continuing education for LSW, LCSW, LMFT, LMFTA, LMHC, LMHCA LCAC and LAC. However, licensees must judge the program's relevance to their professional practice. Credit: 6 Continuing Education Hours.

Indiana State Psychology Board ↔ Approved sponsor of continuing education programs for psychologists. Credit: 6 Hours.

Indiana Law Enforcement Training Board ↔ Approved provider for training of Indiana law enforcement officer and support personnel. Credit: 6 Continuing Education Hours.



National Board for Certified Counselors ↔ Park Center is an NBCC-Approved Continuing Education Provider (ACEPTM) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program. Credit: 6 Continuing Education Hours.

NAADAC - The Association of Addiction Professionals ↔ Approved NAADAC education provider. Credit: 6 Continuing Education Hours.

Ohio Counselor, Social Work, Marriage & Family Therapist Board ↔ Approved sponsor of continuing education programs. Approved for counselors and social workers only. Provider number: RCS038704 Credit: 6 Hours.



Mental Health Care Guidelines for Treatment With African American Populations

October 26, 2018

Registration Deadline: 10/19

Name: _____
Degree: _____
Organization: _____
Mailing Address: _____
City: _____ State: _____ Zip: _____
Day Phone: _____ Evening Phone: _____
E-mail: _____

Method of Payment

Check enclosed (payable to Park Center, Inc.)
Amount Enclosed \$ _____
Charge my Mastercard VISA Discover
 Mastercard/VISA Debit American Express
Card Number: _____
Exp. Date: _____
3-Digit CVV Code or 4-digit AMEX Code: _____
Cardholder* Name (print): _____
Cardholder Address (include zip code*): _____
Signature: _____

Indicate Continuing Education Credit Requested

- APA NAADAC LCSW LMFT/LMFTA LMHC/LMHCA LSW
 LAC/LCAC ISPB/HSP ILETB NBCC Ohio CSWMFTB

Mail Checks & Registration Form To:
Fran Howard, Workshop Registrar, Park Center, Inc.,
909. E. State Blvd., Fort Wayne, Indiana, 46805