

Cognitive Therapy for Psychosis: An Individualized Approach to Extreme States

Friday, June 22, 2012 (Registration Deadline: Wednesday, June 13, 2012)

PRESENTER

Ron Ungar, MSW, LCSW, is a therapist and consultant specializing in cognitive therapy for psychosis. He is a member of the executive committee for the International Society for the Psychological Treatment of the Schizophrenias and Other Psychoses, US Chapter (ISPS-US) and co-moderator for its listserv. He has given numerous seminars about cognitive therapy for psychosis, and the relationships between trauma and psychosis. His presentations emphasize practical and humanistic ways of working with difficulties that can too easily be perceived as being "beyond understanding."

OVERVIEW

Supported now by over 36 randomized studies, cognitive therapy for psychosis is an evidence-based method to reduce both the intensity of psychotic experiences and related distress and disability. Psychotic experiences are conceptualized less as "symptoms" of an underlying disorder, and more as experiences that can be understood individually, and modified by people when they experiment with different ways of thinking and behaving. Learn how to collaborate with people who are experiencing psychosis, "explore the evidence" rather than impose beliefs, and develop coping options so people are not forced to rely entirely on the often limited effectiveness of medication to address problems.

OBJECTIVES

At the conclusion of the workshop, you will be able to:

- **Refute** misconceptions that discourage attempts at psychotherapy for psychosis
- **Normalize** psychotic experiences as being on a continuum with other reactions to distressing circumstances
- **Utilize** a collaborative-empirical style to explore psychotic experiences/beliefs.
- **Develop** formulations that promote hope and provide direction
- **Discover** solutions to distressing psychosis-related problems
- **Integrate** this cognitive approach with existing treatment methods

WHO SHOULD ATTEND

This intermediate level workshop is designed to provide professionals with a clear, ethical, and highly collaborative evidence-based approach for psychosis. It is relevant for social workers, mental health counselors, psychologists, addiction counselors, marriage and family therapists, and other human service professionals who want to learn how to effectively help persons that have psychotic experiences.

SCHEDULE

8 - 8:30 a.m. (EST)

- Registration, Continental Breakfast

8:30-10 a.m.

- Cognitive Perspective & Style With Psychosis

10-10:10 a.m. - Break

10:10-12 noon

- Normalizing & Developing a Formulation

12:00 noon-1:15 p.m. Lunch (on your own)

1:15-2:15 p.m.

- Specific Approaches for Paranoia, Delusions and Voices

2:15-2:25 p.m. - Break

2:25-4 p.m.

- Practice Issues, Relapse Prevention Q & A

QUESTIONS AND/OR AUXILIARY AIDS

To register: contact Fran Howard, Workshop Registrar at (260) 482-9125, ext. 2019

For workshop questions: contact Gin Moore at (260) 482-9125, ext. 2188

Fax: (260) 481-2717 **TDD:** (260) 481-2730

E-Mail address: FHOWARD@PARKCENTER.ORG

WORKSHOP LOCATION: Grand Wayne Center, 120 W. Jefferson, Ft. Wayne, IN.

UPCOMING WORKSHOPS:

- Friday, August 24, 2012

Autism Spectrum Disorders: Current Diagnostic and Treatment Information

Featuring: Judith Coucouvanis, MA, PMHCNS-BC

SPONSOR

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VISIT OUR WEBSITE AT:

www.parkcenter.org/workshop.htm



COGNITIVE THERAPY FOR PSYCHOSIS: AN INDIVIDUALIZED APPROACH TO EXTREMELY HIGH STATES

FEATURING: RON UNGAR, LCSW DATE: FRIDAY, JUNE 22, 2012

CONTINUING EDUCATION GENERAL INFORMATION

REGISTRATION FEE: \$110.00 / \$90.00 per person for four or more registrations submitted together from the same organization for any of The workshops listed in the Spring 2010 Park Center Professional Training Series workshops. Continental breakfast, break refreshments, and training materials are all included. Lunch on your own.

CANCELLATION: Up to 5 days prior, \$10.00 administrative fee, less than 5 days, non-refundable.

CONFIRMATION: A confirmation letter will be sent to registrants. Out-of-town registrants will also receive a travel map.

LOCATION: Grand Wayne Center ~ 120 W. Jefferson Blvd. ~ Fort Wayne, Indiana 46802 ~ (260) 426-4100

LODGING: The Hilton Hotel is located in the Grand Wayne Center complex. Make your reservations by calling (260) 420-1100, ext. 7205. *If you need assistance with obtaining room reservations, please call Fran Howard at toll free (866) 481-2700, ext. 2019.*

PARKING: Parking is available for a fee within a two-block radius of the workshop location.

FACILITY ACCESSIBILITY: The Grand Wayne Center and Hilton Hotel are handicap accessible facilities. Please contact Fran Howard, Workshop Registrar, toll free (866) 481-2700, ext. 2019 if special accommodations are needed.

QUESTIONS OR CONCERNS: Contact Gin Moore at (260) 482-9125, ext. 2188.

WORKSHOP ROOMS ARE TRADITIONALLY COOL, PLEASE DRESS APPROPRIATELY.

American Psychological Association	↔	Park Center is approved by the American Psychological Association to sponsor continuing education for psychologists. Park Center maintains responsibility for this program and its content. Credit: 6 Hours.
Association of Social Work Board	↔	Approved sponsor of continuing education programs. Credit: 6 Hours.
Indiana Behavioral Health Board	↔	Approved provider of Category I continuing education for LSW, LCSW, LMFT, LMHC, LMFTA, LCAC and LAC. However, licensees must judge the program's relevance to their professional practice. Credit: 6 Hours.
Indiana State Psychology Board	↔	Approved sponsor of continuing education programs for psychologists. Credit: 6 Hours.
Indiana Law Enforcement Training Board	↔	Approved provider for training of Indiana law enforcement officer and support personnel. Credit: 6 Hours.
National Board for Certified Counselors	↔	Approved provider of continuing education for National Certified Counselors. We adhere to NBCC Continuing Education Guidelines. Credit: 6 Hours.
NAADAC - The Association of Addiction Professionals		Approved NAADAC education provider. Credit: 6 Hours.
Ohio Counselor and Social Work Board	↔	Approved sponsor of continuing education programs. Provider number: RCS038704 Credit: 6 Hours.

Note: Continuing education and attendance certificates will be provided to those participants who complete the entire workshop.



COGNITIVE THERAPY FOR PSYCHOSIS
(Registration Deadline: Wednesday, June 13, 2012)

Name: _____
 Degree: _____
 Organization: _____
 Mailing Address: _____
 City: _____ State: _____ Zip: _____
 Day Phone: _____ Evening Phone: _____
 E-Mail: _____

METHOD OF PAYMENT:

Check enclosed (payable to Park Center, Inc.)
 Amount Enclosed \$ _____
 Charge my: MasterCard VISA Discover
 MasterCard/VISA Debit American Express
 Card Number: _____
 Exp. Date: _____
 Cardholder Name (print): _____
 Signature: _____

INDICATE CONTINUING EDUCATION CREDIT REQUESTED

- APA ASWB LCSW LMFT/LMFTA LMHC LSW
 LAC/LCAC ISPB/HSSP ILETB NBCC NAADAC Ohio CSWB

MAIL CHECK & REGISTRATION FORM TO:
 Fran Howard, Workshop Registrar, Park Center, Inc.,
 909 E. State Blvd., Ft. Wayne, Indiana 46805

REGISTRATION FORM