

Autism Spectrum Disorders: Current Diagnostic and Treatment Information

Friday, August 24, 2012 (Registration Deadline: Wednesday, August 15, 2011)

PRESENTER

Judith Coucouvanis, MA, PMHCNS-BC, is a psychiatric nurse practitioner and clinical specialist at the University of Michigan Department of Psychiatry, Division of Child and Adolescent Psychiatry. She specializes in the treatment of children with severe behavior challenges such as Autism Spectrum Disorders (ASD). She trains nationally on ASD on topics of behavior management, social skills training, psychopharmacology, educational strategies, and toilet training. She is the author of *Super Skills: A Social Skills Group Program for Children with Asperger Syndrome, High-functioning Autism and Related Challenges* (2005), and the award winning book *The Potty Journey: Guide to Toilet Training Children with Special Needs* (2008).

OVERVIEW

Children with autism present with a spectrum of problems in the areas of communication, socialization, and behavior ranging from mild to severely debilitating. A national study reports about 1% of children are affected with ASD and it is 4 to 5 times more likely to occur in boys than in girls (Centers for Disease Control, 2010). Most children with ASD receive Special Ed services and have a documented history of developmental concerns before the age of 3. There is still "no single best treatment package" (National Institute for Mental Health, 2009). Each child requires an individualized, systematic and comprehensive intervention plan (Koegel & LaZebnik, 2004). This workshop will present an overview of ASD, proposed changes in the DSM-V, and the latest information about causes. Complex issues, such as dual diagnosis and diagnostic confusion, will be highlighted, as well as the use of psychiatric medications, and popular use of complementary / alternative treatments. Practical, solution-based strategies will be offered to address challenging behaviors and teach social competence.

OBJECTIVES

At the conclusion of the workshop, you will be able to:

- **Recognize** the core features of ASD and the proposed diagnostic changes.
- **Name** three complex issues in the field of autism.
- **Identify** two evidence-based universal treatment strategies
- **Describe** an evidence-based procedure to decrease problem behavior
- **Discuss** an evidence-based procedure to increase social competence.
- **Apply** a multi-modal treatment plan for children with ASD.

WHO SHOULD ATTEND

This is an intermediate level workshop for professionals working in mental health, hospitals, rehabilitative or school settings who provide care to children with Autism Spectrum Disorders. This includes social workers, mental health counselors, marriage and family therapists, psychologists, school counselors, case managers, and other human service professionals.

SCHEDULE

8 - 8:30 a.m. (EST)

- Registration, Continental Breakfast

8:30-10 a.m.

- Introduction, Diagnosis and Core Characteristics: Functioning vs. Impairment: Intervention Challenges

10-10:10 a.m. - Break

10:10-12 noon

- Treatment

12:00 noon-1:15 p.m. Lunch (on your own)

1:15-2:15 p.m.

- Treatment (cont.)

2:15-2:25 p.m. - Break

2:25-4 p.m.

- Social Skills Interventions, Q & A

QUESTIONS AND/OR AUXILIARY AIDS

To register: contact Fran Howard, Workshop Registrar at (260) 482-9125, ext. 2019

For workshop questions: contact Gin Moore at (260) 482-9125, ext. 2188

Fax: (260) 481-2717 **TDD:** (260) 481-2730

E-Mail address: FHOWARD@PARKCENTER.ORG

WORKSHOP LOCATION: Grand Wayne Center, 120 W. Jefferson, Ft. Wayne, IN.

UPCOMING WORKSHOPS:

Be sure to check our website below for information about upcoming 2013 workshops!

SPONSOR

Park Center, Inc. is a private, non-profit, counseling and psychiatric center for adults, adolescents, children and families. Park Center is an equal opportunity provider and employer.

VISIT OUR WEBSITE AT:

www.parkcenter.org/workshop.htm



AUTISM SPECTRUM DISORDERS: CURRENT DIAGNOSTIC AND TREATMENT INFORMATION

FEATURING: JUDITH COUCOUVANIS, MA, PMHHCNS-BC DATE: AUGUST 24, 2012

GENERAL INFORMATION

REGISTRATION FEE: \$110.00 / \$90.00 per person for four or more registrations submitted together from the same organization for any of The workshops listed in the Spring 2010 Park Center Professional Training Series workshops. Continental breakfast, break refreshments, and training materials are all included. Lunch on your own.

CANCELLATION: Up to 5 days prior, \$10.00 administrative fee, less than 5 days, non-refundable.

CONFIRMATION: A confirmation letter will be sent to registrants. Out-of-town registrants will also receive a travel map.

LOCATION: Grand Wayne Center ~ 120 W. Jefferson Blvd. ~ Fort Wayne, Indiana 46802 ~ (260) 426-4100

LODGING: The Hilton Hotel is located in the Grand Wayne Center complex. Make your reservations by calling (260) 420-1100, ext. 7205. *If you need assistance with obtaining room reservations, please call Fran Howard at toll free (866) 481-2700, ext. 2019.*

PARKING: Parking is available for a fee within a two-block radius of the workshop location.

FACILITY ACCESSIBILITY: The Grand Wayne Center and Hilton Hotel are handicap accessible facilities. Please contact Fran Howard, Workshop Registrar, toll free (866) 481-2700, ext. 2019 if special accommodations are needed.

QUESTIONS OR CONCERNS: Contact Gin Moore at (260) 482-9125, ext. 2188.

WORKSHOP ROOMS ARE TRADITIONALLY COOL, PLEASE DRESS APPROPRIATELY.

CONTINUING EDUCATION

American Psychological Association	↔	Park Center is approved by the American Psychological Association to sponsor continuing education for psychologists. Park Center maintains responsibility for this program and its content. Credit: 6 Hours.
Association of Social Work Board	↔	Approved sponsor of continuing education programs. Credit: 6 Hours.
Indiana Behavioral Health Board	↔	Approved provider of Category I continuing education for LSW, LCSW, LMFT, LMHC, LMFTA, LCAC and LAC. However, licensees must judge the program's relevance to their professional practice. Credit: 6 Hours.
Indiana State Psychology Board	↔	Approved sponsor of continuing education programs for psychologists. Credit: 6 Hours.
Indiana Law Enforcement Training Board	↔	Approved provider for training of Indiana law enforcement officer and support personnel. Credit: 6 Hours.
National Board for Certified Counselors	↔	Approved provider of continuing education for National Certified Counselors. We adhere to NBCC Continuing Education Guidelines. Credit: 6 Hours.
NAADAC - The Association of Addiction Professionals		Approved NAADAC education provider. Credit: 6 Hours.
Ohio Counselor and Social Work Board	↔	Approved sponsor of continuing education programs. Provider number: RCS038704 Credit: 6 Hours.

Note: Continuing education and attendance certificates will be provided to those participants who complete the entire workshop.



AUTISM SPECTRUM DISORDERS

(Registration Deadline: Wednesday, August 15, 2012)

Name: _____

Degree: _____

Organization: _____

Mailing Address: _____

City: _____ State: _____ Zip: _____

Day Phone: _____ Evening Phone: _____

E-Mail: _____

INDICATE CONTINUING EDUCATION CREDIT REQUESTED

- APA
 ASWB
 LCSW
 LMFT/LMFTA
 LMHC
 LSW
 LAC/LCAC
 ISPB/HSSP
 ILETB
 NBCC
 NAADAC
 Ohio CSWB

METHOD OF PAYMENT:

Check enclosed (payable to Park Center, Inc.)
 Amount Enclosed \$ _____

Charge my: MasterCard VISA Discover
 Mastercard/VISA Debit American Express

Card Number: _____

Exp. Date: _____

Cardholder Name (print): _____

Signature: _____

MAIL CHECK & REGISTRATION FORM TO:
 Fran Howard, Workshop Registrar, Park Center, Inc.,
 909 E. State Blvd., Ft. Wayne, Indiana 46805

REGISTRATION FORM